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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER

The Highlander

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Thursday 7 June 2012 | Issue 35

Rosebush resigns

HHHS CEO steps down
 effective September 1

By Matthew Desrosiers

Haliburton Highlands Hospital Services (HHHS) president and chief executive officer (CEO) Paul Rosebush has resigned his position, effective September 1 of this year.

"It was a gut-wrenching decision to make," Rosebush said. "There are always opportunities in health care to look towards. This opportunity to move to a new setting was presented to me, [and] the challenge... was very enticing."

Rosebush, who has been with HHHS for three-and-a-half years, has accepted a position at the South Bruce Grey Health Centre. He will oversee four hospitals located in Chesley, Durham, Kincardine and Walkerton. Some of the challenges he will undertake include the rebuilding of Kincardine's hospital and preparing the hospitals for new integration opportunities.

Despite the excitement of his new position, Rosebush said the move is bittersweet.

"The team we have here is second to none," he said. "It has been my privilege to work alongside them to build a great organization at HHHS."

"It's not easy to leave that behind."

Rosebush said he had a number of proud moments during his tenure at HHHS, including his work to eliminate the organization's substantial deficit.

"I was able to work with the team to eliminate that [deficit]," he said.

HHHS has finished the last two years in a surplus position.

He also spearheaded the implementation of a new geothermal energy initiative, which will improve sustainability, reduce operating costs, and allow for those extra

monies to be injected directly into front line operations.

Other accomplishments include creating the foundation to add palliative care resources and advanced diagnostic capacity to improve patient care.

"We've been able to forge strong partnerships... that have strengthened the continuum of care in Haliburton," he said. "I think that's [a major] achievement as well."

The resignation, which was announced to the HHHS board of directors on June 4, was not a total surprise to board members, said chairman Dale Robinson.

"We knew people were trying to recruit him," he said. "He's done such a great job. He's a fairly young man with lots of opportunities opening up."

Robinson said Rosebush has been a great ambassador within the community. As president and CEO, he is very well-respected by the staff, and has been visible throughout his tenure.

"A man of that calibre will be hard to replace," he said. "He's been outstanding."

The organization has in place many measures, some internal and others external, to gauge how they are doing in various aspects of their operation. Each of these measures, over the last three years, has pointed to great success on the part of Rosebush and his team, said Robinson.

"Speaking on behalf of the board, we are disappointed to lose him," he said. "We wish him the best in his new job."

Their focus has turned to finding a suitable replacement, and to that end, HHHS will hire a recruiter to assist. Despite the outside help, however, Robinson expects the search will take anywhere from four to five months.

"We would have to be awfully lucky to have someone [in place] by September 1," he said.

see "Search" on page 2



Photo by George Farrell

Wilfred Van Lieshout, Auxiliary Constable with the Highlands branch of the OPP, hands out coffee and chocolate candies on June 6 for Tim Hortons Camp Day.

See "Support" on page 6 for story.

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Photo by Mark Arike

Incoming Rotary Club of Minden president Brent Devolin and current president Molly McNerney hand over a cheque for \$2,000 to Deputy Reeve Cheryl Murdoch.

Rotary gives \$2,000 to library

By Mark Arike

Members of the Minden Rotary Club presented Minden Hills councillors with a \$2,000 cheque during a regular council meeting on May 31.

Current Rotary president Molly McNerney and incoming president Brent Devolin attended the meeting to hand over the funds, which are part of an \$8,000 commitment

made by the club for furnishings in the Minden library.

"They've been of great assistance to us and committed to this cause," said Deputy Reeve Cheryl Murdoch.

The club will host a toll bridge in Minden on June 23 to finish off their fundraising efforts.

Search could take four to five months

continued from page 1

Should the search go beyond that date, the board will look to hire a temporary replacement. This person would likely be a retired hospital president or CEO.

Robinson expects the search to go no later than the beginning of 2013.

"We have a competent leadership group," he said. "We're confident we'll find a strong leader."

Rosebush said the hospital is well positioned to continue to provide high quality healthcare, and that he is leaving the organization in a solid state. While he may be leaving the Highlands to pursue his professional career goals, that doesn't mean he's gone for good.

"I'm not going to lose my links to Haliburton," said Rosebush. "I love the people here and the community."

"It's been great to be a part of it."

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Highlands news

Assistant Deputy Minister visits the Highlands

By Mark Arike

Jim Grieve is impressed by the collaborative efforts between educators and community partners in Haliburton County.

The Assistant Deputy Minister of the Early Learning Division for the Ontario Ministry of Education spent the better part of May 31 visiting full-day kindergarten classes in Cardiff and Minden, and going for tours of Haliburton's Wee Care and Minden's Children's Learning Centre.

"This area has great strength," Grieve said.

He said that partnerships between teachers and childhood educators are working well,

and that students he came across are "so well skilled."

In 2010, the Ministry of Education began phasing in universal, full-day kindergarten over two years. Grieve said that by 2014, full implementation will be achieved with 250,000 kids in the province enrolled.

Joining Grieve on the recent tour were Marg Cox, executive director of Point In Time; Janine Mitchell, supervisor in children's services for the City of Kawartha Lakes; and Andrea Gillespie, superintendent of elementary school improvement and operations for the Trillium Lakelands District School Board.



Photo by Mark Arike

Jim Grieve (left), assistant deputy minister of the Early Learning Division for the Ministry of Education, tours the Children's Learning Centre with supervisor Gord Hoenow.

New chair for grants review team

Jack Brezina accepts appointment with OTF

By Mark Arike

The local Ontario Trillium Foundation's (OTF) grants review team has a new chair.

Minden Hills resident Jack Brezina was officially appointed to the position at a June 6 meeting in Lakeshore, Ontario.

"I'm honoured to be asked to chair [the team]," said Brezina in a phone interview.

Brezina became a volunteer member of the grants review team two years ago after being approached by former MPP Rick Johnson. As part of the team, he has been responsible for helping to decide whether or not an applicant's proposed activity is worth being funded by the OTF, an agency of the Government of Ontario.

If successful, the team decides how much funding the applicant is entitled to. They review grant submissions from Haliburton, Durham, Kawartha and Pine Ridge.

Brezina's new role will see him shift his attention to overseeing meetings as opposed to being an active participant.

"As in most groups [as the chair] you are supposed to ensure fair and equal discussion around the table, and keep good order and procedure at the meetings," he said. "We're a fairly casual group and in the past the chair has been able to comment... but you generally spend more time managing the meeting than reviewing the files that are put forth."

With the news that the former chair, Pramilla Ramdahani, would be stepping

down, the OTF's executive committee approached Brezina about taking the position. Now that Klara Oyler is no longer on the team (she finished a six-year term), Brezina is the only Haliburton County representative.

"Trillium is a foundation that's run by a provincial-wide board of directors and they're the ones that actually make the appointment through recommendations from staff at the local level," explained Brezina.

Since he would be attending meetings anyways, and because he believes in the work of the OTF, the chair position appealed to him.

"I believe in what the Trillium Foundation does as far as providing seed money or growth money to communities throughout the province," he said. "I felt like I could make a contribution as the chair."

In the past two years, Brezina said he has noticed fewer grants being awarded to projects in Haliburton County in comparison to the other catchment areas.

However, when one looks at the population of the county versus the dollar value of grants coming in, the county is doing well.

"We're well served by the Trillium Foundation as far as receiving our proportional share," he said.

In addition to his new appointment, Brezina is chair of the Highlands Summer Festival's board of directors, a board member of Highlands Media Arts and a member of the Haliburton Community Co-operative.

Over the last two fiscal years, the OTF has invested over \$13 million through more than 150 grants to initiatives benefiting Haliburton, Durham, Kawartha and Pine Ridge. Haliburton has received more than half a million dollars through 15 initiatives.

The OTF was officially formed in 1982.

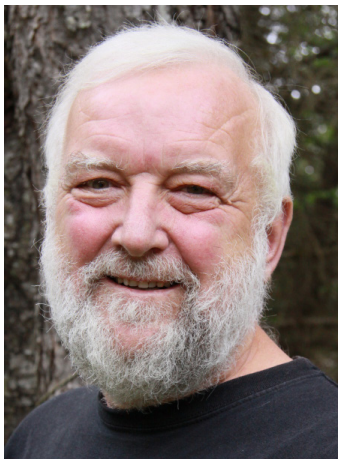
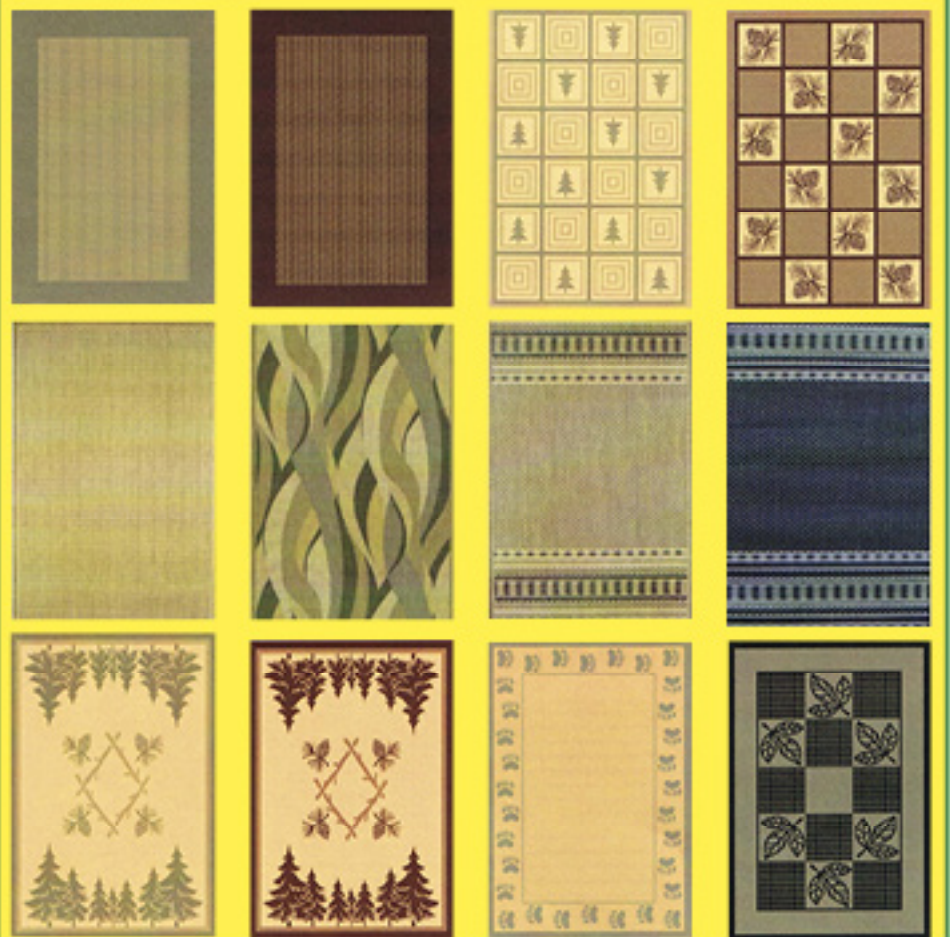


Photo by Lorne Campbell

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Editorial opinion

Didn't you get the memo?

The Highlands is a beautiful place. You wouldn't think it hard to promote the trees, lakes and wildlife, but for some reason, the County needs to make significant efforts to portray this place in a good light.

One such initiative is the Highlands Information Ambassador program, which The Highlander recently joined. We received a package full of interesting materials on restaurants, activities, and just general information to pass along to seasonal visitors. The expectation is that, as ambassadors, we help lead the charge in the battle to bring Haliburton to the forefront of tourism destinations in the province.

But it's hard to lead a charge with no troops backing you up.

There's seems to be some miscommunication, because the message the County wants to get out is not the message the front line is putting forward.

I recently found myself in a local restaurant enjoying a meal, when to my dismay I overheard a conversation where a full-time resident, an ambassador no less, was telling a young couple about the terrible economy and poverty that plagues the Highlands in the off season. I (rudely, but irresistibly) eavesdropped, eagerly waiting to hear all the good things she would follow up with.

But there was nothing.

Now, I believe in honesty. Having recently moved here myself, I am very thankful I did so with eyes open to the positives and the negatives of life in Haliburton. I wouldn't move my family up here otherwise. But if I had been on the receiving end of said conversation, I might have reconsidered.

There are challenges in this community. They include poverty, economic struggles and employment, to name a few. But let's remember to stop and look around. What we as residents may take for granted in our

everyday lives is something outsiders dream about.

Haliburton is one of the most beautiful places in the world. The lakes are clean and full of fish, the forests bustling with wildlife. Just stepping out the door is reason enough to smile in the morning.

While our economic struggles are very real, entrepreneurs are continuously starting up businesses in an attempt to make a living here in the Highlands. Just read these pages week after week and you'll meet those people. There are remarkable individuals doing remarkable things, in everything from food production to green energy. Employment is growing. Too slowly, to be sure, but growing nonetheless.

Most of Highlanders work hard. As a community we are trying to pull ourselves up; it's a shame some just tear us back down.

Unfortunately, this isn't an isolated incident. It's not uncommon for me, here only three weeks, to hear stories from cottagers who feel resentment, who believe their custom is not wanted. Some feel practically run out of certain shops. These are the very people we rely upon to jump-start the community in the summer, and sustain us through the winter. Lucky for us, they see the value in this County, unlike some who seem to take it for granted. But give it time. People will only tolerate resentment for so long.

Visitors, newcomers, tourists and new residents should be fostered and welcomed with open arms. Many choose to make their homes here, part-time or full-time. These are people we want to attract, but through our behaviours, we push away.

And so the County marches on to improve its image and promote the Highlands. But some people, it seems, haven't got the memo.



By Matthew Desrosiers

All good things

Desrosiers, the name of our new editor, means rosebush. So the irony was not lost on those of us at *The Highlander* to hear that just as one Rosebush is moving into town, another Rosebush is on his way out.

I met Paul Rosebush about three years ago when I interviewed him for Canoe FM. He exuded a passion for healthcare and projected a professionalism almost out of place in our casual, work-pants-and-flannel-shirt community. But it was exactly that professionalism that allowed Paul to achieve as much as he did in a short time.

Back then, he was relatively new on the job, but it was clear that he had plans to get HHHS into shape. Over his tenure, he did exactly that.

Under Paul's leadership, both of our hospitals completed the installation of geothermal heating and cooling systems, along with solar panels to take advantage of the FIT program. Both were on time and on budget and will produce substantial savings (and FIT earnings) for HHHS into the future. More generally, Paul led the efforts to eliminate a deficit and will be leaving HHHS in surplus.

For me, the most important of Paul's achievements is the establishment of a seamless hospice-hospital palliative care program, soon, we hope, to include a building extension and second bed. To have that kind of service in the Highlands is a lasting gift to the community.

In sum, there have been many important achievements. But the most impressive aspect

of Paul's time at HHHS, from my perspective at least, has been his ease and effectiveness with people.

He has been a healthcare champion in the community, an effective navigator of the funding bureaucracy, and a leader who built morale among an outstanding group of employees through listening, respect and example. Paul seems to have an innate talent for the job; it's no wonder other hospitals would seek to employ him, just a shame that they found him so quickly.

No doubt, Mr Rosebush's departure is a loss for the Highlands. However he leaves HHHS in excellent shape and in the good hands of a highly competent team. HHHS has made a lot of progress in the last few years, steps that will be built upon by the next CEO. A search will begin shortly, and there is no reason to expect that a successor will be any less effective.

In the meantime, we should all wish Paul the best in his new position, and thank him for his dedicated service.

Bram is a member of the Board of Directors of HHHS.

Join Bram for an 'exit interview' with Paul Rosebush, this Sunday, June 10 at 10 p.m. and Wednesday, June 13 at 11 a.m. on 100.9 Canoe FM.



By Bram Lebo

Letters to the Editor

Thanks and blessings

To the Editor:

On May 19 last, I lost the love of my life, my wife Mary. It was the most horrible day of my life.

This letter is to acknowledge and express my and my family's admiration and total respect for the first response, EMS, and fire and rescue members, medical practitioners, and hospital medical and support staff who responded to Mary's needs.

On arrival by ambulance at the Haliburton Hospital, personnel appeared from everywhere. Their action was nothing short of astounding, and I could but stand back in awe and observe. They quickly formed a highly focused and dedicated team, and applied their respective skills in an attempt to save Mary's life. I am convinced they exerted every effort, and did everything humanly possible to comfort and treat Mary while responding to

her desperate situation. Sadly, a higher power ruled that it was time for her to slip away from us, and she did so in peace.

All of our family and I wish to express our most profound thanks to all those who were involved in this rather sudden, unexpected, and very tragic event in our lives. We cannot offer enough praise for not only the way Mary was so wonderfully cared for, but also the gentle and compassionate manner in which my family and I were treated throughout this ordeal. Our area is very fortunate to have a rescue and medical community of the calibre that exists within this county.

May God bless all of you in all your future endeavours.

*John Kup,
Fort Irwin*

Jeanne Anthon of Minden

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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER		Published by The Highlander Newspaper Limited	
The Highlander		195 Highland Street Box 1024, Haliburton Ontario K0M 1S0 705-457-2900	
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Letters to the Editor

Photo of the week



Photo by Jacquie Jahr

From left to right: Brian Sach, Lou Brown, Andrew Mansfield, Terry Craig, Fraser MacDonald, Bev MacDonald, Cheryl Ellenberger and Ashley Kirby. The Haliburton Highlanders practice with drums and pipes in preparation for the Highland Games on July 14. **Submit your Photo of the week to matthew@haliburtonhighlander.ca**

No one spoke to me

Dear Mr. Devolin:

Seasonal employment is a fact of life in Haliburton County and other parts of Canada.

Were you aware that in Haliburton County, one in five children lives in poverty?

The current Government of Canada has introduced changes to system to determine eligibility to collect EI benefits. The changes will affect the most vulnerable in our society, with the new 70 per cent rule: if one loses their job, the applicant must be willing to take a wage cut of "up to 30 per cent to qualify for the EI benefit."

Minister Finley stated her department consulted with the provinces prior to making the changes, however according to the two Atlantic area premiers, this simply did not take place.

Today on *Power and Politics*, Tom Lukiwski, Parliamentary Secretary to the Leader of the Government in the House of Commons, stated that the government spoke to Canadians about the Omnibus Bill.

Did Barry Devolin hold an open meeting in this riding and ask his constituents their opinion, especially about EI changes?

I do not think so. No one spoke to me!

As Thomas Walkom so aptly titled his column in the *Saturday Star*; "EI changes show disdain for the have nots."

How will families be able to feed their children with less money and access to affordable housing?

Mr. Devolin, one of the secrets to success in school is proper food to eat and a safe place to live!

When do you plan to come to Haliburton and face your constituents to discuss the changes your government wants to impose on those who try to work on a regular basis?

M. Milne
West Guilford

Hail to socks with sandals

To the Editor:

In reference to Mr. Will Jones's *Outsider* column of May 31, I would like to proudly defend the wearing of socks with sandals. I have my personal reasons for putting these two articles of clothing happily together on my furthest of extremities and have had to defend this choice to many a shivering sock snob. In my defense, other than the simple comfort I derive from such an experience, I have taken as my lead one of the greatest civilizations that ever existed. I refer not to the Americans (they wish) but to the Romans and

I have tons of archeological evidence of happy Roman socks and sandal wearers to prove it; not just those at home in the warm environs of Italy but those macho types out in battle in cool places like Germany and Britain, places with climates not unlike Canada. They too had cozy feet during their entire northern experience. Here's to them.

An artist with very comfortable feet

Gary Blundell
Highlands East

Notice

Canoe FM's volunteer fair on June 9 has been cancelled. It has been rescheduled for September 15.



The Outsider — As nature intended, sort of

Let me tell you a tale or two that'll reveal depths of human kindness not often witnessed and the horrors of nature, red in tooth and claw. Sound intriguing? Well, here's the cast: a big bad hunter, a vicious feline predator, a hapless chipmunk and a nest of baby robins. Oh, and a dozen or so worms.

It all started at breakfast time. Our newly adopted cat, Mackinaw, had fed well on turkey and cheese dinner (well, that's what it said on the tin) and padded out into the backyard. A few minutes later there was a tremendous squeaking, and to my horror I saw the cat mauling a chipmunk. She let it go but the chipmunk, be he brave or stupid, didn't run. He stood on his hind legs and boxed the cat on the nose. She swatted at him, he ducked, hopped a couple of paces and then turned to berate her, chirping loudly. And so it went on. The cat pounced. The chipmunk got caught. She mouthed him a bit. He escaped and came back full of fighting.

As funny as this was, I couldn't let it go on as I knew the poor little critter would eventually be injured. I strolled out, approached the duelling duo, bent over and grabbed at the chipmunk. He skirted around my leg, and, while the cat swiped at my dangling hand, paws now fully armed, the chipmunk ran up my leg and half way up my shirt.

I kicked the cat and plucked the chipmunk off my shirt, only for the little son of a gun to bite down hard on my finger. His misfortune, as I dropped him right next to the cat, who

pounced once again.

Now there were three of us in the fight, me being the only one who seemed to have sustained any injuries so far. I once again wrestled the chipmunk from the cat's grasp and this time holding him firmly (perhaps a little too firmly) I strode over to his burrow and released him into the hole.

The cat trotted over, seemingly unfazed, and sat watching the edge of the burrow, ready to pounce as soon as chipmunk made a second appearance. And, three hours later she was still sitting there.

But I mentioned big bad hunters and baby robins, didn't I? Well, as I sat in the Kozy with a good friend of mine I recounted my chipmunk story to him, displaying my scratches and bites, much to his amusement.

This man; this fellow who for the last 60 years has hunted most things on four legs, must think I'm a right English softy, I thought. And, when he'd stopped laughing he leaned in close. Here comes a right royal ribbing, I assumed; but no. His steely eyes locked on mine, the big bad hunter told in hushed tones how for the last week he'd been buying worms from the bait shop not to hunt pickerel but to feed a nest of robins in his woodshed.

"I was chopping wood when I found them and I'd hate to think the noise disturbed them, so I gave them a bit of a treat," he whispered.

I was gobsmacked, but there was more. After looking into

the nest, he saw there were four baby birds and so, moving a step ladder close, he left four pieces of chopped worm for them each morning.

But then came disaster. The chicks were startled one morning and two took leave of the nest, plummeting to the floor.

"Now, I picked 'em up and put 'em back but they just would not stay there," he said.

The big bad hunter tried all manner of methods, from bribing them with more worms, to popping them in and cupping his hand over the nest for a few minutes, to putting the chicks into a rat trap with the open end resting on the nest edge, "so that they could hop back in their own good time." Time after time he failed and time after time this hard as nails hunter tried again.

"I did it eventually," he said smiling, "and mamma seems to be OK with it all, too."

But then he gave me the sternest look that any big bad hunter could give (it was quite frightening) and, leaning even closer, snarled; "but don't tell anyone, or folks'll think I've gone soft and you'll wish you'd never been born!"

Proof that even the supposed hardest of men has a heart of gold. And, it's OK Bob, I won't tell a soul.



By Will Jones

Highlands news



Photos by George Farrell

Above: Ward 1 Councillor Brigitte Gall gets the hang of things behind the counter
Left: Barb Reid, the Reeve of Minden Hills, and Clerk/EDO Nancy Wright-Laking also had a stint dealing with customers.

Support pours in for Camp Day

By George Farrell

Minden Hills Reeve Barb Reid joined Ward 1 councillor Brigitte Gall and Clerk/EDO Nancy Wright-Laking at the Minden Tim Hortons yesterday to serve patrons as part of Camp Day.

Camp Day is the one day each year when Tim Hortons restaurants from coast to coast in Canada and the United States donate all proceeds from the sale of coffee towards the Tim Horton Children's Foundation. The Foundation uses the proceeds for the operation of six summer camps which are dedicated to children from underprivileged families.

The Minden Tim Hortons didn't stop at caffeine-related activities however, because while inside the restaurant the politicians poured, outside, volunteers squeegeed car windows for drive-through customers who wanted to donate.

Other drive-through customers were surprised when Wilfred Van Lieshout, auxiliary constable with the Highlands branch of the Ontario Provincial Police, was at the window handing them their orders and asking if they'd like to donate in exchange for a

chocolate candy. The barbecue was also in full operation for appreciative lunch-time patrons.

Adding to the festivities outside were several silent auction tables which featured "a lot of everything," said Audrina Townsend, the event coordinator. "We've got food, health food, fitness and spa gift certificates to auction off, as well as items like games, plants, clothes, paintings, and passes."

Some of the well-known donors are Ridgewood Ford, PharmaSave, Wind in the Willows, Budget Propane, Foodland, The Store Room, ValueMart, and Canadian Tire.

"But I'd like to thank all our donors," said Townsend. "The community and the merchants have just been fantastic."

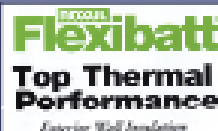
More than 165,000 kids have attended camps in Ontario, Quebec and the U.S. which are sponsored by Tim Hortons. Last year, Camp Day raised \$9.9 million. Two local kids from the grade 7 and 8 classes at Archie Stouffer elementary school will be chosen, through a draw, as this year's lucky local winners.

Donations to Camp Day are still being accepted at www.sendakidtocamp.com. A \$5 donation can be made easily by texting CAMP to 45678.

Carnarvon Castle Building Centre

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Highlands events



Photos by Matthew Desrosiers

Above: Tyler Ewing handles the controls of a Bell 205 helicopter at Stanhope airport as part of Young Eagles Day. Left: Barry Hart, pilot and organizer prepares to take James and Emily Alexander on an aerial tour of the Highlands.

Young Eagles take flight

By Matthew Desrosiers

It's the evening of May 31 and I'm 2,500 feet above ground.

Inside the plane with me is pilot and Young Eagles event organizer Barry Hart, and two young passengers, James and Emily Alexander.

Below us, nothing but trees, lakes and the occasional sign of civilization.

It's a view of the Highlands not every kid gets to see.

"When I was a little kid, flying was magic," Hart said. "[Young Eagles] makes that experience available for everybody, to allow kids to see that magic [too]."

While the Alexanders excitedly point out their home in Minden, Hart looks to me with a big smile as if to say "see, this is why we do it."

As lakes and trees fall away below us, I'm given, literally, a birds-eye view and tour of every lake in the immediate vicinity. For the Alexanders, it's an opportunity to spot their favourite locations.

Cries of "Look James," from Emily, and responses of "Yeah Emily, that's where..." fill the cockpit. And despite a few bumpy "air waves," as Hart described them, the excitement of the day was never lost on the youngsters.

But the day wasn't all about the view. Hart made sure we all left knowing a little more about planes, flying, and the Highlands than we did before.

"We're trying to get kids into flying," he said. "We want to expose young people that

normally don't get the chance. It's nice to share [this] and encourage others."

Back on the ground, I decided to partake in the airport tour. I joined up with Caroline Kooistra and her two sons, Gerrit and Mason. We were given a close-up view of a Cessna 185, a Bell 205 helicopter and a twin turbo Otter water-bomber.

"They love planes," Kooistra said while we strolled across the airport grounds. "I didn't tell them we were coming until we got here."

While I frantically snapped pictures of the kids jumping all over the helicopter, Gerrit focused in on the Cessna sitting 50 yards away.

"I like Cessnas and seaplanes," he said. "Maybe I'll be a pilot one day."

Those are the dreams this program is designed to foster. Hart, a 19-year veteran of the program, said each kid receives a certificate to commemorate the event.

Seven pilots (two from Oshawa) and nine ground crew volunteers made the three-day event possible. They donated their time, planes and fuel. The Township of Algonquin Highlands provided fuel discounts as well.

As I left the airport, I took a look back at two more planes taxiing to the runway. Over the three-day event, 71 kids were sent up into the air.

Duane Hicks, manager of the Stanhope Airport, said it didn't matter how many kids showed up for the event, even if they lined up to Haliburton, the volunteers would just keep going up.

"If it enhances the [kids], that's what it's all about."

Get Ready to Ride!

June is Bike Month in the Haliburton Highlands!



Visit www.cyclehaliburton.ca for full event listings.



Rolling into bike month

By Mark Arike

Bike month in the Highlands is officially underway.

Members of the Haliburton Highlands Cycling Coalition (HHCC) and friends dropped into Algonquin Outfitters Boatwerks in Haliburton on June 1 to mark the start of the month with a few treats, drinks and friendly conversation.

Throughout the month, the Cycling Coalition will host a number of rides, free workshops and other events (for details visit www.cyclehaliburton.ca). Bike month will conclude on June 23 with the annual Shifting Gears Cycling Festival in Head Lake Park.

The HHCC formed in 2005 with the aim to provide and promote safe and enjoyable cycling of all types, for all ages.

Highlands events

The life and times of Archie Stouffer

By Mark Arike

Archie Stouffer Elementary School in Minden is named after him and his legacy lives on today through documented history.

"This is a talk about Archie Stouffer in the context of education in Haliburton County and more generally Ontario, which of course includes a whole lot of the world," said Stouffer's son John, who spoke about his father at the Haliburton County Historical Society's annual general meeting on May 24 at Maple Lake United Church.

John's late father, Archie, was the public school inspector for Haliburton County from 1939 until his retirement in 1958. He was the eldest of seven siblings born on a farm bordering Stouffville Village. He attended elementary and continuation school and went on to complete Grade 13 in Markham.

"To get there [school], he didn't take a school bus, didn't ride a motorcycle or drive a car," recalled John, a retired math teacher at Haliburton Highlands Secondary School. "He took the train, as did a lot of other people."

Archie went on to take a teaching job at Dixon's Hall in Markham.

"That's the school which was eventually moved to Black Creek [Pioneer] Village," said John. "Every teacher there, including my father, signed one of the desks up at the front... I've always wanted to be in that school to have a look."

After a couple of years, Archie moved back to Stouffville to become a principal at a continuation school.

"He was settled in there, but he got married and formed the beginnings of a family. Expenses increased so he asked for a raise."

But that raise didn't come until after John and his sister were born.

"He approached the Ministry of Education for a job as an inspector," recalled John. "They got paid more."

Archie developed ties to Haliburton County prior to taking the inspector job in 1939.

"In the early '30s he bought a couple of cottages on Little Boshkung Lake," said John. "He rented houses from W.O. Bailey, the owner of various lumber enterprises."

In those days, each school in the area had its own school board.

"They posted 10 school sections in the Township of Minden Hills," explained John. "Considering their size, these often only had one school. But each section had a three-man school board."

Each school board was responsible for hiring teachers, administering the finances, and looking after school property and equipment.

"On his first day on the job [as inspector], my father found he had all of Haliburton County to look after, as well as part of Muskoka and Huntsville," said John.

Inspectors were hired to be the "problem solvers on-site."

"They were to visit every teacher twice a year. Usually, the inspector had a room in his house that served as the county board office."

When Archie became inspector, he was to tend to 69 schools in over 50 school boards. Even the smallest school at the time, with only six students, had its own school board.

In 1939 there were 42 male and 46 female teachers in 69 schools. In 1940 enrolment in Wilberforce was at 53, which was more than Minden's 52. Haliburton had 184 students.

John remembers growing up with his family in what is now the Wild Swan Bed & Breakfast.

The year Archie set up shop in Minden marked the beginning of World War II. Due to the war, some food items were scarce because of rationing. Archie's solution to the problems was to start his own garden.

"Our house had three gardens," John said. "We ate well."

In 1942 or '43, the area was hit with a heavy snowfall. It was a winter John vividly recalls.

"There probably was four or five feet of snow," he laughed.

According to the Rotary Club of Haliburton's website, Archie became the club's president just two years after the group had started. As president, he was instrumental in getting his club to sponsor the opening of a Rotary Club chapter in Minden.

Archie moved to Pembroke in 1969. He died in 1981.

Katimavik volunteers saying farewell at Gaia Centre

By Douglas Pugh

Volunteers taking part in the Katimavik program were in attendance, possibly for the last time, at the Gaia Centre on Saturday, June 2.

Following a days hard work clearing brush, trimming trees and chipping, the group – comprised of a diverse range of students, coming from Ontario, Quebec, Alberta and Prince Edward Island – took in an educational video as they relaxed after hours, followed by a walk through the Gaia Centre's labyrinth.

"We would never have been able to get all that work done without them," said Carol Kilby, director of the Gaia Centre. "They work

hard and stay so positive. They are such a fine example of caring, modern youth."

The group of nine have been working out of Huntsville, covering a broad range of work for charities and non-profits. Not only have they worked on construction of new properties for low income households, but they've taken on working in nurseries and day care centres through to setting up museum displays. Their placements have been as diverse as their origins, many spending time in Quebec to develop their language skills in a very real immersion, as well as Quebec students doing the reverse.

The famous program, which has placed up to 1,100 selected students every year across

Canada, has had its funding pulled by a highly contentious federal cut in April. The move, just as the organization was exploring ways to become self-sustaining, has left this year's batch of students high and dry, and in the difficult spot of trying to chase down alternative placements. They should have been starting this month.

The federal cut also withdrew a three-year commitment previously made to the charity.

"It's hard to think that these are quite probably the last days of the program," said Kilby. "We're a not-for-profit charity, and there are a huge number of organizations like ours across the country that are going to be badly affected. Some are reliant on the

services that the students provide, some in rural areas where there just aren't enough volunteers."

The students are reflective on that too. In a consensus of opinion they all will tell you how the program, though hard work, opens horizons in ways that no text book ever can. They never imagined that when they set out six months ago that they would be the last intake.

The Gaia Centre event ended with a celebratory fire.

"It's so sad," said Kilby. "It's such an inspirational program."



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Highlands events



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Photo by George Farrell

Boardwalk gets new sign

By George Farrell

A colourful new sign completes the entrance to the Boardwalk on Invergordon street in Minden. The sign, which was erected on May 14, was commissioned by the Township of Minden Hills. It was made by Mike Janetakes of MJ Creative Services and took 50 hours to complete.

"The sign is made of cedar and then painted," said Janetakes. "It has numerous coats of varnish, which means that it should last a long time."

"The sign was part of the Boardwalk original plan," said Rick Cox, Minden's Community Services Director. "At the present time, there are no plans for any additional signs on the Boardwalk."



Please Join Us!

**16th Annual General Meeting of
Haliburton Highlands Health Services Corporation**
At
The Minden Hospital Auditorium

Thursday, June 21, 2012

2:00 – 3:00 p.m.

Business of the Corporation

(Reports of Board and CEO, Chief of Staff, Auditors, and Nominating Committee/
Election of Directors; Appointment of Auditors; and other business)

3:00 – 4:00 p.m.

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Photo by Mark Arike

Students hit the dance floor at the Red Umbrella Inn.

Students get the party started

By Mark Arike

The fireworks may have been cancelled because of the wet weather, but that didn't stop Grade 12 students from having a blast at this year's prom.

With a combination of students and guests, 168 people attended this year's event at the Red Umbrella Inn in Minden

on June 1. Students donned their best apparel for the Paris-themed event, which included dinner, dancing and the antics of a mime.

"Everyone says they had a great time," said Elaine Searle, head of the organizing committee.

Crowned king and queen of this year's prom were Karlis Suchovs and Nikki Reddering.

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Highlands events



Dancing through the ages

By Mark Arike

Glitz, glamour and a whole lot of talent. Heritage Ballet's *Music Through the Ages* show had all that and more. A total of 91 dancers, ranging in age from three to 18, took to the Northern Lights Performing Arts

Pavilion for two shows on June 2 and 3. The Saturday event was a sell out. Dance styles included ballet, jazz, musical theatre, tap and hip-hop. Students danced to songs that ranged from the 1952 hit *That's Amore* by Dean Martin to current popular hits by artists such as Nicki Minaj and Pitbull.



Photos by Mark Arike

Top left (top to bottom): Grade 1 ballet dancers in "Perpetual Motion". Ania Smolen and Noelle Dupret-Smith in "Let's Twist". Paiten Smolen. Isabella Smolen as Cruella De Vil. Right (top to bottom): Kendall Harrison and Rebecca Kidd. Jordyn Hurd.



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Photo by Mark Arike

Grade 9 student Jordan Watts scrubs down a vehicle.

Students closer to \$8,500 goal

By Mark Arike

J.D. Hodgson Elementary School students spent their Saturday splashing soap suds around to raise funds for a global initiative.

About 20 Grades 7 to 9 students from the Speak Up Team gathered at the school on June 2 to wash vehicles for donations of \$5 (for cars) and \$10 (for trucks). They also organized a trash and treasures sale in the gym.

"Two years ago, we committed to an \$8,500

goal to build a school in Ecuador," said Grade 7 and 8 teacher Kimberly Veneziale, who also got in on the car-cleaning action. "So far we've raised about \$4,000."

Saturday's event raised approximately \$800.

The group of participating students committed to supporting global and local initiatives after attending Free The Children's WE Day event in Toronto in 2010. The WE Day initiative is aimed at inspiring youth to make a difference in their community and across the globe.

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Horseback Riding

Highlands events

Students D.A.R.E. to deal with sticky situations

By Mark Arike

All it takes is one person to say no.

That's the message that Haliburton Highlands OPP Const. Sandy Adams tried to get across to Grade 6 students at Archie Stouffer Elementary School (ASES) during a recent Drug Abuse Resistance Education (D.A.R.E.) session.

"It's really important that you guys know that you always have the right to say no to things you know are dangerous to you," said Adams while teaching a lesson on peer pressure and dealing with sticky situations. "You will find that if you're in a group of people and you're all faced with a decision that is a tough one and you know you should say no, all it takes is one person to say no and you'll find that all your friends will jump in behind you."

Students participated in an exercise in which they were presented with a number of difficult scenarios and asked how they would deal with them. Questions touched on drug, alcohol and tobacco use, bullying and criminal acts.

To help them, students were provided with a D.A.R.E. planner. The book gives tips on healthy decision-making, lists facts on alcohol and drug use and quizzes students about what they've learned.

According to their website (www.dare.org) D.A.R.E. is a worldwide initiative that gives kids the skills they need to avoid involvement in drugs, gangs and violence. The program was founded in 1983 in Los Angeles and due to its success, has been implemented in schools in more than 43 countries around the world.

"What I see is that the children recognize it's okay to talk about these things," said classroom teacher Brenda Brouwers. "A lot of their feelings and questions are the same as their peers."

Brouwers says the program is also successful at making kids feel like they have a friend in local law enforcement.

"I think one of the biggest benefits is the connection they form," she said. "It gives them an opportunity – when they see Sandy [Adams] in the high school – to be able to talk to someone. She's not just a 'cop.'"

It's also a way for students to talk about issues that often don't get dealt with at home, said Brouwers.

"Their parents are afraid to talk about it," she said.

Adams said students nowadays know a lot more about drugs and alcohol than when she was their age. Brouwers agrees, but points out they have many misconceptions.

To deal with some of the sticky situations that arise on school property, Brouwers's class participates in restorative circles. It's a technique that is being implemented at schools across the Trillium Lakelands District School Board (TLDSB).

"It's a way for kids to deal with a bullying situation or any other kind of upsetting situation," she explained. "They'll come and say to me, 'Miss Brouwers, there's a problem on the yard with the soccer game. Can we talk about it?' I'll ask if it's something the whole class needs to be a part of or a small group."

As a result of the student-led circle, the cause of the problem is revealed, as well as its impact on students. Possible solutions



Photo by Mark Arike

OPP Const. Sandy Adams gets Lucas Bortolussi to read one of the many sticky situations students are confronted with.

also end up being discussed.

"It's made a huge impact on what's happening in that yard," said Brouwers.

With the combination of restorative circles and D.A.R.E., Brouwers believes students will be better prepared for high school.

"They're going to have a much larger bag of tricks when they get to the high school and have to deal with real serious situations," she said.

Adams got involved with the D.A.R.E. program when she assisted former OPP Const. Mark McMaster. She took it over last year when she replaced McMaster as the media relations and community service officer.

"They're [the students] very enthusiastic and they ask a lot of topic appropriate questions," said Adams, who spent eight weeks with the ASES students.

She adds that the program plays an important role in creating a healthy

community, both at the school and in the county.

"Everybody has a responsibility to keep the community healthy," she said.

To complete the program, students must prepare a report on the topics they've learned. Then Adams pays them one last visit before their D.A.R.E. graduation ceremony for a fun day during which they get to experience fatal vision goggles (glasses that show you what it's like to look through the eyes of an impaired person) and other hands-on activities.

Haliburton Just Wine & Beer

2012 International Wine Competition

4,318 total entries,
860 total wine flights,
965 total judging hours,
50 American States represented,
8 Canadian provinces represented,
7 countries represented
and...

We won 4 medals

Chucky Monkey

European
SELECT

KENRIDGE

Legacy

Vinterra

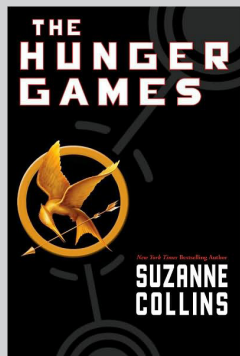
Connoisseur

NIAGARA
Mist

HERON BAY

Highlander arts

Haliburton County's Hot Reads



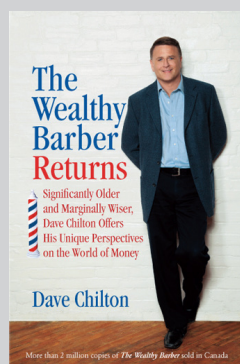
The following are the top five fiction and non-fiction titles as requested this week at the Haliburton County Public Library.

HCPL's TOP FIVE FICTION

1. *Stray Bullets* by Robert Rotenberg 🇨🇦
2. *The Hunger Games* by Suzanne Collins
3. *Fifty Shades of Grey* by E.L. James
4. *Calico Joe* by John Grisham
5. *Deadlocked* by Charlaine Harris

HCPL's TOP FIVE NON-FICTION

1. *Drop Dead Healthy* by A.J. Jacobs
2. *The Wealthy Barber Returns* by David Chilton 🇨🇦
3. *Under An Afghan Sky* by Mellissa Fung 🇨🇦
4. *Steve Jobs* by Walter Isaacson
5. *Wishes Fulfilled: Mastering the Art of Manifesting* by Wayne Dyer



Stray Bullets by Robert Rotenberg continues to be the most in-demand book at the Haliburton County Public Library. Last summer, our eight copies of Rotenberg's previous book, *The Guilty Plea*, were read over 150 times by our library users. If that is any indication, *Stray Bullets* will continue to be very popular in the coming weeks and perhaps months. Another book that doesn't appear will wane in popularity this summer is the controversial *Fifty Shades of Grey* by E.L. James. Many library users are eagerly embracing this title and its sequels *Fifty Shades Darker* and *Fifty Shades Freed*. We have the *Fifty Shades* trilogy in both print and e-book formats for those who decide to jump on the bandwagon. Reserve these, or any of our other the popular titles mentioned in this column, at the Haliburton County Public Library.

Library News

Chair Yoga at the Dysart Branch of the Haliburton County Public Library is back by popular demand. Running from noon to 1 p.m. on June 19 and 26, join Lynda Shadbolt and learn some basic stretches that you can do in a chair to help maintain your flexibility and strength. Everyone can benefit and no experience is necessary. Entrance is by donation to the Friends of the Library.



Photo by Mark Arike

Sheila Ziman points out the different types of wood used to make this basket.

Artists demo at Transitions

By Mark Arike

A June 2 event at the Rails End Gallery gave artists the chance to do what it is they do best. Create.

In the afternoon, a few past and current members of the Haliburton County Studio Tour put on a demo as part of the *Transitions*

exhibit – a celebration of the past 25 years of the tour. Demonstrating artists included Charles O'Neil, Sheila Ziman, Sophia Tink, Laura Trach and Jean Farrell.

Transitions will conclude on June 16 with a glassblowing demo from artists Lia Howe, Jennifer Wanless-Craig and Terry Craig between 11 a.m. and 4 p.m.

State of the Arts

The art of the art opening



By Victoria Ward

The art opening reception is a strange beast. In this province, if it's in a public space, you are given a date three years from now. Time being the strange phenomenon it is, those years pass by really quickly and suddenly the opening is upon you. It's very much like seeing your friend's kids infrequently and every time you do they are now talking, then going to school, then playing an instrument, then dating, then driving, then going to university, then getting married and then making your friends, who you once stayed up all night with after a Cure concert way back in the eighties, grandparents.

The opening usually makes the artist queasy and on edge. My family and friends are really familiar with the bizarre creature I become at an opening. They see the bags under my eyes, a wide-eyed expression of disbelief on my face, the smell of fear about me and the uneasiness that takes away all my eloquence.

I used to think an art opening couldn't be anywhere near as horrifying as opening night in the theatre. Since I was usually the writer and not onstage, my job was to spend the time during the performance getting drunk up the street at a bar and sheepishly joining the aftermath when the space was dark. Yes, playwrights are that much of a cliché.

When the show went badly you could tell the minute

you entered the room. People tried to not make eye contact with you. If that was the case, you would abruptly turn around and go back to said bar. If it was a triumph, you tried very hard to keep your head size in check as the adulation flowed... toward the actors. Ok, I am exaggerating but it is a truism that the actors get the applause, not the writer.

No bitterness intended because, what every playwright understands is that what happens on stage should seem like it isn't written or planned. If an audience feels that, then you feel enormously rewarded.

Art openings in a gallery setting are a whole different bag of hammers. The most unsettling aspect is that you are standing in a room surrounded by the things you spent the last several years making. It can be rattling. When you are standing beside your painting, sculpture, video, installation etc., the association becomes complete for people. In many ways you are doing the art world a great service. What makes great art? Artists do and they need to be seen.

Most great art that exists is by a lot of people who are dead. Contemporary artists have an uphill climb against the mythology bestowed to dead artists. This summer we have to compete with Picasso at the Art Gallery of Ontario and Van Gogh at the National Gallery, no less. I am going to both because seeing great art makes me a better artist. I also feel validated by the fact that Van Gogh's only goal in life was to have the public see his work somewhere (it didn't happen in his lifetime) and the National Gallery show should break records. Van Gogh

also did what I did. He left the city (Paris) for a small place (Arles) like I did when I moved to the Haliburton Highlands. Then he made the best work of his life.

Of course there are many other living artists who have exhibitions over the summer too. Some of them are right here in the county. One hopes and believes that the presence of such titans as Picasso and Van Gogh will increase attendance to the smaller but equally significant exhibitions.

An art opening for a living artist should have an advantage over a long dead art hero: they can attend. But sometimes this just isn't the case. A live and healthy artist, able to talk about their work and engage the public, is not like seeing those Sunflowers in person. Nor should it be. A living artist helps bridge the gap between the iconic work and the time needed to make the work iconic.

Artists who attend their openings and suffer through the mind warp of talking about their work and how they do it, are like sentinels from the art cosmos. Once you hear a story about how the artist stumbled upon a technique and then made it a practice, you are then able to imagine Picasso doing the same thing.

The story of making art is about human endeavour, hope and passion. Everyone can relate. This is why it's a great thing to go out to an opening reception, big or small, eat some cheese, look at the work and meet the artist. He or she might look really tired, seem drunk and perhaps act a little aloof, but don't worry, they are really happy you're there.

Highlander technology

Who stole the Internet?

After reading an article last month in the Toronto Star, I was intrigued about the possibility of hundreds of thousands of people losing internet access on July 9, so I did a little research about it. Here is what I found out.

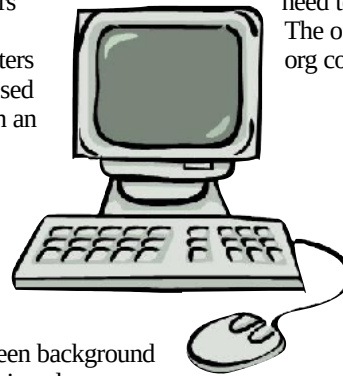
A group of Estonian hackers in 2005 designed a virus called DNSChanger. DNSChanger modifies network settings on infected computers to redirect users from the websites they really want to visit, to sites that make money for the bad guys. Reportedly, the group earned over 14 million dollars from this scheme. They infected over four million computers worldwide, including the National Aeronautics and Space Agency (NASA), who had hundreds of its computers infected.

The Federal Bureau of Investigation (FBI) and Estonian law enforcement agencies shut down the DNSChanger group in November 2011, arresting six Estonians and one Russian. But shutting down the rogue DNS servers would have suddenly cut off all of those infected machines from the Internet. So the FBI got a court order permitting it to operate substitute or “clean” DNS servers, buying time for users to get their

computers virus free. Unfortunately, several hundred thousand affected users have not got the message. Due to time and cost, these “clean” servers will be shut down on July 9, effectively leaving people who have infected computers without internet access. They were supposed to be shut down March 12 but were given an extension until July.

The bottom line is if your computer is infected with DNSChanger and you do nothing, you will lose access to the Internet on July 9.

Now, if you want to find out if you are infected with the DNSChanger you can go to <http://dns-ok.us>. If you see a green background on the site, you’re OK. If the background is red, your computer has been infected by DNSChanger. Note that performing this check does not install any software and does not change any settings on your computer. It’s just a simple web page that indicates whether or not you have the



The Computer Guy



By David Spaxman

DNSChanger infection.

If your machine is infected, then you need to get rid of DNSChanger. The official website <http://dcwg.org> contains information and a “fix” page with links to several free utilities.

I checked all my computers and I’m not infected. However if you find you are and you’re not comfortable doing the fixes yourself, then seek professional help. You wouldn’t want to be staring at an “Internet Explorer Cannot Display The Page” error come July 9.

Also as a side note DNSChanger can infect Mac computers as well as PC’s.

If you have any questions or comments, e-mail me at computerguy@haliburtonhighlander.ca Happy Safe Computing!

Spotlight on Enviro-Hero Nominees

The Highlander continues to shine a spotlight on some of our community’s environmental heroes.

Every year, the Haliburton Highlands Land Trust recognizes the County’s Enviro-Heroes at its Wild About Nature dinner and silent auction. Winners in each of six categories – health, stewardship, education, business, the arts, and youth – will be announced at this year’s event on Saturday, June 16 at the Haliburton Legion.

Health: John & Thea Patterson

Eager to resettle in Canada after many years in India and Hong Kong, John and Thea Patterson searched for a community where they could continue their lifelong commitment to social change. Their search led them to the Haliburton Highlands where they built and founded Abbey North and Abbey Gardens.

Abbey North is used as a meeting place for the discussion and advancement of the world as it could be. Its activities and events focus on three critical and systemic challenges: eradicating HIV/AIDS in Africa; caring for the environment; and delegitimizing war.

Abbey Gardens is a 210-acre site currently under development as a centre for community driven sustainable innovation.

Stewardship: Greenmantle Farm

Greenmantle Farm, located in Wilberforce and owned by Mark and Sandra Bramham, is home to rare fluorrichterite, as well as several other important minerals. The Bramhams feel that seeing minerals and crystal formations in their natural setting and understanding their origins and relationship with the rest of the ecosystem is of utmost importance.

The unique features and guided eco-tour experiences offered by Greenmantle Farm complement the growing recreational opportunities to study and appreciate the geology of the Haliburton Highlands.

Education: Rob & Barb Taylor

Rob and Barb Taylor operate Woodland Vista, an all-season, sustainable certified energy efficient retreat home, offering a “refreshing education” in making better choices in sustainable wellness for ourselves and planet earth. They have transformed the “ordinary into the extraordinary” by offering a more sustainable way of living along with a location and landscape that honours our natural ecosystems.

The Taylors offer experiential, educational retreats that provide new insight into how we perceive our own wellness and the opportunity to reconnect with and rediscover nature.

The Arts: Neil Campbell

Neil Campbell is a writer dedicated to providing insights into our natural world. His work includes a long standing column in the Minden Times called Life on Sapsucker Ridge with The Brown Dog Jiggs. He brings to life the magic of our wonderful landscapes with his literary talent. All the subtle and wondrous changes of the seasons are fodder for his weekly musings, but his respect for the land is nothing new.

Campbell can write about the simple beauty of our region with wit and magic. He captures the eyes and imagination of his readers, and in so doing, makes our environment accessible and real to everyone.

The Arts: Rails End Gallery

The Rails End Gallery weaves artistic visions of the environment into its public programming throughout the year as evidenced in exhibits such as “Scene Seen in Haliburton” (2012 Members Show), nature-dyed weaving (Wendy Woods), metal works representing birds (Heather Inwood Montrose), “Down a Country Road” (Jackie Wells), “Wild Water Preserve, Minden” (Carole Finn), “Lake of Many Winds” (Shelley Beach & Lea Harper) and more, providing an endless list of nature connections. One exhibit brought a pool into the gallery to observe reflected light; another focused on shoreline

preservation. Artists are encouraged to bring forth their connections with nature to enrich their presentations.

Business: Coalition of Haliburton Property Owners Associations

The Coalition of Haliburton Property Owners Associations (CHA) is a member-driven group made up of over 41 property owners’ associations representing 52 lakes across Haliburton County. The CHA is a broadly-based coalition drawing upon the collective knowledge and strength of its member associations to create synergy through sharing best practices, effectively studying common issues, developing common solutions, recommending county-wide policies, and influencing outcomes.

Youth: Archie Stouffer Elementary School Eco Team

The Archie Stouffer Elementary School Eco Team is a group of dedicated student volunteers from grade 1 to grade 8 who took on the initiative of running the school’s Recycling and Environmental Awareness Program. These students organized and ran the school’s recycling program on their own for the entire school year. The Eco Team also educated their classmates about recycling and actively promoted and modeled environmentally responsible behaviour throughout the school year. The Eco Team organized and presented an Earth Day Assembly, promoted Waste Reduction Week in October and ensured that ASES took part in the International “Lights Out” campaign in March.

Join the Land Trust for its 5th Annual Wild About Nature event at the Haliburton Legion on Saturday, June 16. Entertainment by Haliburton Highlands Secondary School Jazz Ensemble. Hors d’oeuvres & Dinner by Rhubarb. Tickets are \$45.00 and can be purchased/reserved by contacting the Land Trust at 705-457-3700 or admin@haliburtonlandtrust.ca.


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Senior highlanders

Sleeping pains

Dear Penny,

I'm often awakened during the night with a backache and can't get back to sleep. I find I'm more comfortable lying on the floor and as soon as I get onto the floor, I'm down and out for the count. I'd like to sleep on the floor every night, but my wife won't hear of it. Why is the bed so uncomfortable? Any ideas about what I can do?

Down and Out

Dear Down and Out,

Without examining your back and checking out your sleeping positions, I couldn't possibly guess why lying in bed is so uncomfortable for you. There are any number of reasons for your discomfort, from a mechanical problem with your back that needs medical attention, to a mattress that's too old or too soft to support you properly as you sleep.

Since you haven't given me a diagnosis, I'll answer in general terms with a few suggestions that might help.

It sounds like a firm mattress might be the answer for you. If you can replace your old mattress, shop carefully for a new one. That means you—and your wife—need to do more than listen to the salesman's pitch. You'll need to try out the mattress before you commit.

Lie down on the bed for twenty minutes and see how it feels. If you and your wife can't agree on a firmness that's comfortable for both of you, you may need one of the newer "split" designs, which are expensive but effective.

If buying a new mattress is out of the question, try slipping a back board under your side of the bed and see if it does the trick. If you don't want to invest in a back board until you know if it works, you can try using a door or a board under the mattress and test it out.

Another thing to consider is your

sleeping position.

Pillows are often the answer and I suggest you take two or three extra pillows to bed and experiment with them.

Lie on your back and place one or two pillows under your knees so your legs are slightly bent at the hips and knees. When you lie in that position with knees and hips flexed, it keeps your lower back rounded and may relieve the strain you feel on your back.

If sleeping on your back is uncomfortable, lie on your side and place one or two pillows between your legs. A third pillow under your upside arm may also help to relax you all over.

For some people, maintaining a good sleeping position on a soft bed requires continuous muscle work, which may lead to back spasms or discomfort. The more support you feel, the more relaxed your muscles will be—and you'll discover what works best by trial and error.

I don't suggest sleeping on your stomach but if that's your favourite position, place one pillow under your stomach and another under your lower legs so your back is rounded and your knees are bent.

Getting a good night's sleep is as important as we age as it is in our youth. If your problem persists, do see your doctor and get yourself checked out.

Readers, if you have any other questions—about your mobility, your comfort, or just about getting through your day more safely and easily, I want to hear them. For real-life answers you can use, write to Penny at penny@haliburtonhighlander.ca. Penny Brown graduated from the University of Toronto's School of Rehabilitation Medicine as a Physical and Occupational Therapist.

Aging Well



By Penny Brown

Theft the number one form of elder abuse

Seniors have difficulty reporting abuse by family

By Lisa Harrison

A free May 24 elder abuse awareness event at Parklane Apartments in Haliburton gave those who attended more than they bargained for.

The event was organized through Community Care Haliburton County, and executive director Maureen Trimble outlined her organization's role in assisting seniors in maintaining a high quality of life. Ontario Provincial Police (OPP) Const. Sandy Adams provided information on scams and frauds. Service Canada presented on Old Age Security, the Canada Pension Plan and the Canada Pension Plan Disability pension. Several other organizations provided additional information through staffed displays set up in the small meeting room and in the hall outside.

Karen Anderson, elder abuse services coordinator for Community Care City of Kawartha Lakes, delivered the elder abuse seminar and outlined the Haliburton Kawartha Lakes Elder Abuse Prevention Network (EAPN). Community Care Haliburton County is the lead organization in the county for this group of about 20 agencies in the County and Kawartha Lakes.

The number one abuse is financial, Anderson told the audience. Of the 74 calls the office received in 2010, 49 per cent were about financial abuse.

"It's a tough one to prove," she said. "They're using the person's debit or credit card, taking the pin or security number, having the senior sign documents where they didn't understand the consequence of what they signed."

Financial abuse also includes mail and phone scam.

Elder abuse by family members is most likely to be inflicted by an adult son, and

the order of likelihood then moves to an adult daughter, followed by a grandchild and then the spouse, said Anderson. Signs of abuse to watch for include neglect and self-neglect. The caregiver may not be properly caring for the senior in terms of hygiene, proper clothing, medical care management or medication management. Self-neglect, which generally signals depression, may indicate abuse.

Anderson said it can be difficult for seniors to report they are being abused, especially if their abuser is a grandchild. However, she said it's important that if something materializes that you're uncomfortable with, you deal with it.

"Statistically if abuse is not stopped, it escalates," said Anderson.

The \$5 that your granddaughter took from your wallet will become \$20, verbal and emotional abuse by a caregiver will become physical abuse, and so on.

Anderson also addressed abuse by caregivers in long-term care facilities and retirement homes, saying that anyone who sees or hears about elder abuse there is

legally mandated to report it. The contact information to report abuse should be clearly posted in a prominent place in these facilities.

Outside such

facilities, there is no legal requirement to report elder abuse, but Anderson told of one situation in which a senior's neighbours joined forces to report the senior's abusive son. "They had no legal obligation, but they felt a moral and ethical obligation."

Tell someone you trust if you are suffering abuse of any kind, said Anderson, or contact the EAPN.

"Our mandate is to prevent elder abuse from happening to a senior through education."

A free World Elder Abuse Awareness Day event will be held June 15 at Adelaide Place Retirement Community in Lindsay. Anderson said 27 displays have been booked so far, and the event will include blood pressure and blood sugar monitoring stations, speakers, refreshments and a Nintendo Wii competition.

"Statistically if abuse is not stopped, it escalates."

Karen Anderson

Elder abuse services coordinator

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Highlander jobs

ANNOUNCEMENTS



Ron Cowling

(Resident of Haliburton, Ontario, Formerly of Bowmanville, Ontario)

At his residence on Monday May 28, 2012 in his 63rd year. Beloved son of the late Stanley and Dora Cowling. Loving brother of John (Donna) of Minden and Jim (Shirley) of Haliburton. Also lovingly remembered by his nieces Cynthia (Peter), Kim, Sarah (Nick) and Holly and nephew Jacob (Jenn) and by his grand nieces and nephews.

Visitation & Funeral Service

Friends are invited to call at LAKESIDE BAPTIST CHURCH Park St. Haliburton, Ontario on Friday morning, June 8, 2012 for a Memorial Service at 11 o'clock. Reception to follow in the Church Hall. As expressions of sympathy, donations to Lakeside Baptist Church would be appreciated by the family. Funeral arrangements have been entrusted to the HALIBURTON COMMUNITY FUNERAL HOME 13523 Highway #118 Haliburton, Ontario K0M 1S0 705-457-9209.

www.communityfuneralhomes.com



Harry Heyes

(Resident of Haliburton, Ontario)

Peacefully at Highland Wood Long Term Care in Haliburton on Sunday June 3, 2012 in his 95th year. Harry was predeceased by his wife Eunice of 66 years. Harry is survived by his children: Robert (Jane), Allyn, Kathy (Howard) and Neil MacLellan (Danielle). Also remembered by his grandchildren Kelley (Les), Ainsley (Peter), Carrie (Dave), Clare, Madeleine, John and by his three great grandchildren Olivia, Liam and Isla.

Private Family Gathering

A Private Family Gathering will take place. As expressions of sympathy donations to a charity of your choice would be appreciated by the family. Funeral arrangements have been entrusted to the HALIBURTON COMMUNITY FUNERAL HOME 13523 Hwy. #118 Haliburton, Ontario (705)457-9209.

www.communityfuneralhomes.com



Bernice Hussey (nee Kellett)

(Resident of Haliburton, Ontario)

Peacefully at her home in Haliburton, Ontario on May 31, 2012 in her 95th year. Beloved wife of the late Carl Hussey. Loving mother of Wayne (Zosia) and Larry (Nancy). Fondly remembered by her grandchildren Kim, Jim, Lynn and Carl, and great grandmother to Madison, Kirsten, Sean, Kaitlyn, Brendan and Peyton. Predeceased by her brother Wren. Bernice was born in Haliburton to Charles and Harriet Kellett. Her dad owned and operated C.D. Kellett general Store and had the honour of owning the first car in Haliburton Village.

After World War II Carl and Bernice opened Hussey Hardware in Haliburton which they operated until 1956 when they moved to Cornwall. Carl passed away in 1969 and Bernice spent her time between Bobcaygeon, Haliburton and Florida until moving back to Haliburton in 2005. Through her life she enjoyed curling and golf, lots of Sunshine, and great clothes. She loved her bridge games at Community Care in Haliburton and will be missed by her many friends.

Visitation, Memorial Service & Reception

Friends are invited to call at the HALIBURTON COMMUNITY FUNERAL HOME 13523 Highway #118 Haliburton, Ontario 705-457-9209 on Thursday, June 7, 2012 from 10 o'clock until time of Memorial Service in the Chapel at 11 o'clock. Reception to follow in The Community Room. As expressions of sympathy, donations to the Haliburton Relay for Life would be appreciated by the family.

www.communityfuneralhomes.com



Are you a Highlander?

The Highlander is looking for a **SPORTS REPORTER/ PHOTOGRAPHER** to join our freelance team. You're a creative, enthusiastic reporter with an interest in the local sports scene; you'll keep Highlander readers up to date on sports throughout the county with one feature and two to four articles per week, depending on the season. The Highlander covers all kinds of sporting events in Haliburton County, including juniors, high school, adults and seniors, as well as special events and lake association summer activity days, boating, hunting, AT'ing and winter sports. Reporting experience preferred but not necessary. May require occasional travel within the region.

Please send your resume and writing samples to
louise@haliburtonhighlander.ca.

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to help develop our growing advertiser base, particularly for special sections, new products and out-of-county clients. You will have at least 2 years' sales experience, preferably but not necessarily in media, with the ability to promote The Highlander professionally and effectively. The position can be based anywhere in Haliburton County, making it ideal for a seasoned sales professional looking to work from home; part-time is possible.

Please send your resume and cover letter to
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Please email resume by June 17th to: rosanne@canofm.com
If you would like more information you can call 705-457-1009
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ANIMAL PROBLEMS WITH YOUR GARBAGE – Check our Canadian made steel garbage containers, Youtube “TyeDee Bin” and watch polar, grizzly & black bears testing them! ALGONQUIN TEAK 705-457-8020 (A30)

GRASS CUTTING - residential and commercial servicing Haliburton Highlands, reasonable rates, fully insured, call Paul Hicks toll free anytime, 1-855-399-1100 - WE SHOW UP! (JN28)

SIMPLY GOOD HOUSEKEEPING – since 1999 That is simply what I do – clean your house so you don't have to. Serving Minden, Haliburton, Bancroft areas. Year round, seasonal, weekly, biweekly, monthly or as needed. Residential, cottage, commercial. Final clean upon moving. Cottage checks in off season or as needed. References available. 705-448-1178 dogpawlodget@gmail.com (TFN)

K9 KLIPPERS & KENNELS - professional grooming & a home away from home, 2153 Harburn Rd, 705-457-3614 (TFN)

SAW SHARPENING - hand saws, blades, carbides, knives, etc. , quick, even turnaround service, 1787 Barry Line, Algonquin Highlands, Garry Cooper, 705-754-3954 (JN30)

THE KITCHEN GUY home improvements, renovations, cottage maintenance, tile/flooring, kitchen, bath, plumbing - call 705-489-1875

EVENTS

CANOE FM RADIOTHON, July 6 & 7, support volunteer community radio by calling 705-457-1009 to make your donation, song request or challenge. Bid on 5 amazing auction packages and win one of our 22 hourly prizes. **TURN YOUR RADIO ON** (J5)

FOR RENT

2 COTTAGES Maple Lake, 3 bedroom with sandy beach AND Halls Lake, 20 bedroom with sandy beach, summer availability and fall permanent rental, 705-489-2050

FURNISHED ROOM, Tory Hill, full access to kitchen, laundry, internet, \$100/week or \$350/monthly, utilities included, non smokers only, no pets, 613-553-0999 (cell) (JN14)

5 BEDROOM HOME on Soyers Lake, available immediately, \$1175/month plus utilities, first/last required, no smoking, 705-306-0918 (TFN)

FOR SALE

PONTOON BOAT - 2010 19 Foot Princecraft Vector with 50 hp Mercury outboard engine, all safety equipment and many accessories included, call 705-457-3813 or 416-894-3769 (M31)

BOAT - 12 foot Harbour Craft, wide & stable with 10 hp Honda 4 stroke and tank, \$1000, or add totally reconditioned (new everything) trailer for \$1300, can test in water, 705-457-1307 (JN7)

MOTOR - 1954 Johnson 10 hp motor and tank, runs good, \$275, 705-457-1307 (JN7)

TRACTOR - Ford diesel compact tractor, 4x4 with 5 foot meteor snow blower and landscape trailer, \$8500, 705-457-1307 (JN7)

FOR SALE

TRACTOR - Massey Ferguson 255 diesel tractor with Allied loader, new rear tires, chains, manure forks with bucket, \$8000 OBO, 705-741-6097 (JN21)

TRAILER - GOLDEN FALCON - 29 foot, new awning, new electric jack, heavy duty hitch, two new batteries, one slide out, excellent condition, \$9000 OBO, 1-800-954-9998 (JN21)

GENERATOR - portable 50 KW diesel generator on trailer, 6.2 litre Ford engine, 120-240 single phase now, also set up for 208 or 480, \$10,000 OBO, 1-800-954-9998 (JN21)

NICELY SEASONED fire wood, call 705-754-3034 (A30)

SCREENED TOP SOIL - \$20/yard, call 705-286-5076 and ask for Gord (JN28)

WANTED

WANTED ANTIQUES Furniture, glass, china, decoys, military medals, costume jewelry, gold & silver jewelry, sterling silver, silver dollars & 50 cent pieces, pocket watches paintings etc. **ANYTHING OLD** Call 705-887-1672 R Carruth

CONSIGNMENT ITEMS for AUCTION to be held at Haliburton-Stanhope Airport, Saturday, July 21/12, 11 a.m., rain or shine, everything from vehicles to household items and anything in between welcomed, 705-754-1124 (JN21)

OLD WHEEL HORSE lawn tractor for parts, 705-286-2798 (JN21)

ANTIQUES & COLLECTABLES - trade your unique and special items for cash. **FOUND** New location soon to be new location at 199 Highland St, Haliburton, 705-457-1515 (M31)

HELP WANTED

Immediate position available for **YARD MANAGER**. Building materials knowledge, construction experience, computers and strong management skills an asset. Heavy equipment and fork lift experience necessary. Salary commensurate with experience. Call 705-306-0697 weekdays 9-5 for info (JN7)

SALES ASSOCIATE required for busy hardware store. Building materials knowledge an asset. Must be bondable. Retail sales and merchandising. Call 705-306-0697 weekdays 9-5 for info. (JN7)

Reliable person to cut & trim grass, equipment provided, cash paid as job is done, call 705-457-6266 (JN7)

ANNOUNCEMENTS

LINDA READE, MA, RSW opens new business - Life Passages Counseling-June 2012, offering individual/couples counseling, grief/loss issues, caregiver workshops/groups, women's group on Native teachings. Linda has 20 years of experience in health/health care, fees covered by insurance, for information/appointments call Linda, 705-854-1635

ALCOHOL PROBLEMS - call Alcoholics Anonymous - we care, 705-324-9900 (TFN)

AUCTION SALE

ESTATE & NEW FISHING EQUIPMENT AUCTION,

10 a.m. Saturday, June 16, at Norm Mills Auction Centre, Highway 35 & County Road 21, Minden. This is high quality antique furniture and a large assortment of new sporting/fishing equipment. Partial list – **ANTIQUES**: brass bed/pine bed, 6 press back chairs, pine harvest table, pine flat to wall, pine corner cabinet, armoire, oak dresser side mirror, pine jam cabinet, apple tree ladder, buffet, assorted dressers, East lake dresser mirror, ash ice box, trunks, pine tool trunks, granite top tables, queen mattress/box spring, planters, 4' plastic storage trunks, porch chairs and umbrellas, wicker chairs and coffee table, love seat, 16' canoe, 3 swivel bar chairs, assorted carpets. **NEW SPORTING ITEMS**: PFD's, canoe paddles, 3-D archery buck target, 4 wheeler canopy, camp lantern, sausage maker, meat grinder, decoys, Coleman camp stove, deer decoy, minnow traps, hip waders, tow rope, fish nets, ice hand auger, assorted fishing poles, ice fishing poles, lots of fishing tackle. To list your auction or for information call Norm Mills Auctioneer/Appraiser, 705-754-0555.

EVENTS

HALIBURTON COUNTY FAIR

Annual Family Beef BBQ

Saturday June 9

S. G. Nesbitt Memorial Arena-Minden

Meet & Greet 5:00 PM

Dinner 6:00 PM

Loonie Auction 8:00 PM

Admission

Adults \$15.00

Children under

age 10 \$6.00

Children under age 6

FREE

Everyone Welcome, come out and Enjoy!



HELP WANTED

Are you a Highlander?

The Highlander is looking for a

SALES REPRESENTATIVE

to help develop our growing advertiser base, particularly for special sections, new products and out-of-county clients. You will have at least 2 years sales experience, preferably but not necessarily in media, with the ability to promote *The Highlander* professionally and effectively. The position can be based anywhere in Haliburton County, making it ideal for a seasoned sales professional looking to work from home; part-time is possible.

Please send your resume and cover letter to
louise@haliburtonhighlander.ca.

Community events

EVENTS

Liver Health and Hepatitis C

1st and 3rd Friday of the month from 11:30 a.m. - 12:30 p.m. Followed By A Peer Support Group 12:30 p.m. - 1:00 p.m. Join us for a Lunch and Learn Presentation with informed speakers and the companionship of those at risk and/or who have contracted Hep C

June 15	Harm Reduction
June 29	No Program
July 6	Nutrition
July 20	Vision Boards...Imagine Your Future
Aug 3	Stigma
Aug 17	Barriers
Sept 7	Celebration Pot Luck

Haliburton Highlands Family Health Team
7217 Gelert Road Haliburton (please check in at the desk to be directed to the Hepatitis C team)

This drop-in program is FREE!
Attend One or Attend Them All!



Oshawa
Community
Health Centre

Please call to register:
1 855 808 6242

June 2012



Like them on Facebook!

sponsored by Haliburton Highlands Tourism



The Highlander Community Calendar

UPCOMING EVENTS & NOTICES

June 15 - Haliburton County Farmers' Market opens, 1-5 p.m., intersection of Hwy 118 & 35 beside That Place in Carnarvon

June 16 - Rails End Trash N Treasures Community Yard Sale, a FUN-raising event for Rails End Gallery and Arts Centre, Head Lake Park, Haliburton Village, 8 a.m., including art exhibits, music, food, antiques, vintage stuff, plants, toys, tools & other treasures. Special features: a Butter Tart Contest from 9-11 a.m.; find out what your treasure's worth with Why Not Collect It from 10-noon; Chariot of Fire hot glassblowing demo with Artech Studio & Lia's Glass Dreams from 11-4 p.m. To book your spot, download vendor registration information at www.railsendgallery.com, 705-457-2330

JULY 6-7 - 4th ANNUAL CANOE FM RADIOTHON - Turn Your Radio On!

THIS WEEK'S EVENTS

Thursday - 7
Canadian Federation of University Women AGM, Red Umbrella Inn, 11 a.m.

Bid Euchre, Minden Community Centre, 1-4 p.m., Bev, 705-286-3085

Friday - 8
Cribbage, Community Care, Haliburton, 1 p.m., 705-457-2941

Saturday - 9
West Guilford Craft & Bake Sale, West Guilford Community Centre, 9 am-2 pm, vendors call 705-754-2516

Sunday - 10
Country Music Jamboree, SG Nesbitt Arena, Minden, 1-5 p.m., admission \$7, 5pm, dinner (hot dogs, potato salad, dessert) \$6, food provided by Minden Lioness, proceeds to the Community Living Bus Fund

Haliburton United Church 100th Year Celebration, 11:15 a.m. - service, reception with refreshments, guest speaker and music to follow

Highlands Wind Symphony Spring Concert, Northern Lights Pavilion, 3 p.m., adults \$10, students \$5, family pass \$25, 705-457-2100 or 705-286-3377

Monday - 11
Monday Morning Walking Group, OEYC Minden, 10 a.m., start the week of by enjoying a walk along the boardwalk, down a nature trail or to the park, for parents and walking children or children in strollers, 705-286-1770

Haliburton County Table Tennis Club, 6-9 p.m., St. George's Church, 617 Mountain Street, Haliburton, Mary or Jeff Martin, 705-457-2260

Celebrate Recovery, Lakeside Baptist Church, 7-10 p.m., admin@lakesidebaptist.ca

Contract Bridge, Community Care, Haliburton, 1 p.m., 705-457-2941

Tuesday - 12
Ontario Early Years Centre, First Ride School Bus Program, Haliburton OEYC-10 a.m., if you have a child starting school in September, join us to meet a bus driver, learn the bus safety rules and take a bus ride around town, RSVP 705-457-2989

Wii, Community Care, Haliburton, 9:30 a.m., 705-457-2941

Yoga at the library, Howard Roberts Room, 4-5 p.m., admission by donation

Adult Soccer, HHHS field, 6:30 p.m., waiver & rules available at www.haliburtonsoccer.com,

Wednesday - 13
Lunch Time Meat Draw, Minden Legion Branch 636, John Sloan, (705) 286-1397, jjcsloan@gmail.com

Haliburton Highlands Quilt Guild, meet at Stanhope Community Centre, 1 p.m., join us as we begin another year of quilting and prepare for the upcoming Quilt Show - Colours of Canada, for more information call Pat Stiver, 705-489-3751



Invites you to attend our
2012 ANNUAL GENERAL MEETING

WEDNESDAY JUNE 27, 2012

Stanhope Firefighters' Hall,
Algonquin Highlands at 1:00 p.m.

Our Guest Speakers will be:
Hank DeBruin & Tanya McCready-DeBruin
Winterdance Owner/Operators

Kindly R.S.V.P to 705-457-2941 by June 21, 2012

www.communitycarehaliburton.com



THOSE OTHER MOVIES

Thursday, June 14/12:
THE ARTIST

2 shows - 4:15 & 7:15 - Tickets \$8.00
at the Northern Lights Pavilion door

2012 Oscar winner for Best Film, THE ARTIST is a highly entertaining love letter to the days of silent film. Rated G (116 min.)

For more info:
www.haliburton-movies.com
Passes for Season 7 -
September 13/12 thru June 13/13
Available at the Northern Lights on June 14/12. \$60 for 10 films

WHAT'S HAPPENING AT YOUR LOCAL LEGION?

HALIBURTON Branch 129 - 705-457-2571

Wednesdays - 7 p.m., Bingo
Last Thursday of month - 1 p.m., Ladies Auxiliary

MINDEN Branch 636 - 705-286-4541, rcibranch636@hotmail.com

Monday to Friday - 12-2 p.m., lunch menu
Mondays (2nd & 4th of each month) - 10 a.m., Rng Hookers
Tuesdays - 7:30 p.m., Bid Euchre

Veterans - if you require assistance completing any DVA forms, contact your local Legion Branch (membership not required) - we are here to assist you.

Wednesdays - lunch time meat draw
Thursdays - 7:30 p.m., Euchre
Fridays - 10 a.m., Radio Club; 5-7 p.m. Fish or Wings with Chips dinner

WILBERFORCE Branch 624 - 705-448-2221, jandreamweaver@aol.com
Friday, June 8 - Pot Luck Dinner, 6 p.m.
Tuesday, June 12 - 7 p.m., General Meeting
Friday, June 8 - 6 p.m., Pot Luck Dinner
Friday, June 16 - 5-7 p.m., Spaghetti Dinner

Saturday, June 9 - 3rd Annual Rick Rowe Memorial Horseshoe Tournament, 10 a.m. registration, 11 a.m. sharp play starts, registration fee \$15, cash prizes, 9 p.m. Manitoulin Island's Rainbow Ringers & Stompin' Jon live at 9 p.m., food available for purchase
Mondays - 7 p.m., Bid Euchre
Wednesdays - 7:30 p.m., Darts
Fridays - 1:30 p.m., Pool; 7 p.m., Jam Session
Saturdays - 2 p.m., Meat Draw

E-mail louise@haliburtonhighlander to have your local event advertised.

Highlands events



Photo by Douglas Pugh

Dusk Dance participants look on as they begin learning their moves for the upcoming show.

Dusk Dances training begins

Rehearsals start for dance extravaganza

By Douglas Pugh

The hugely popular Dusk Dances Haliburton kicked off rehearsals for its “Incandescent” set with its initial workshop,

held at the Heritage Ballet Studio on June 3. Following a call for local participants, the opportunity to be a part of the cast has drawn a lot of interest within the community, appealing to a diverse range of ages, skills and experience. The workshop, co-ordinated by Daniella Pagliaro, involved the skills of two choreographers – Kate Franklin and Meredith Thompson – who are part of the Dusk Dances Toronto troupe. Attendees to this first workshop – one of six planned

– worked through a few moves and exercises, many allowing for individual interpretations. Franking and Thompson said the 10-minute set is an integral part of keeping the community engaged in Dusk Dances and broadening the reach for participation. “Together we want to create a beautiful, memorable and impactful experience for the dancers and the audience.”



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TEAMS	W	L
McKecks Blue Line Blue Sox4	0
ODC Stone Sluggers4	1
Independent T-Bone4	1
Foodland Dandy Lions3	2
Loose Mitts2	2
Brew Jays2	2
Village Donuts Brewed Awakenings1	3
Ronald Sisson Crayon Crew0	4
Century 21 Land Sharks0	5

The Voice of the Haliburton Highlands



**100.9
CANOE FM**

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The Reeve's Report

Every Wednesday one of our county reeves talks with Mike Jaycock, just after the 8 a.m. news.

May 23rd, Barb Reid, Reeve of Minden Hills
May 30th, Carol Moffatt, Reeve of Algonquin Highlands
June 6th, Murray Fearrey, Reeve of Dysart et al
June 13, Dave Burton, Reeve of Highlands East

We are your not-for-profit, community radio station. Our volunteers and staff are dedicated to radio that serves the communities of the Haliburton Highlands

Highlands outdoors

Turkey population a success story

By Erin Lynch

Anyone driving around the Highlands knows they should be aware of deer that might suddenly jump in front of their vehicle. But now, travelling residents can add another species to watch out for along the tree-lined highways – wild turkeys.

Carnarvon resident John Black recently learned this lesson the hard way as he was driving on Highway 118 on the outskirts of Haliburton Village.

"I was in the 60 kilometres per hour zone just in front of Sears, when a wild turkey ran out in front of my truck," he said. "At the last second it jumped and went into my grill."

Black received over \$1,500 worth of damages to his vehicle.

As the season of wild turkey hunting came to a close at the end of May, the restoration of the bird to Ontario is said to be one of the province's most successful wildlife recovery stories. According to the Ontario Federation of Anglers and Hunters (OFAH), the eastern wild turkey had been extirpated from Ontario for nearly a century because of unregulated market hunting and habitat loss. Hunters and other conservationists lobbied for the restoration of wild turkeys in the early 1980s, and as a result from 1984 through 1987 approximately 4,400 wild turkeys were released at 275 sites across Ontario. Ontario's first regulated spring hunt for wild turkeys occurred

in the spring of 1987.

Gerry Moraal, area biologist for the Ministry of Natural Resources (MNR) said that based on hunter survey sightings the turkey population in Haliburton County is increasing.

"This is normal in areas where the birds have been recently introduced," said Moraal. "In other areas of the province where turkeys have long been established, those populations are stable."

With an increase in the bird's population, Moraal said the Minden MNR office has received the odd nuisance complaints but stressed they were nothing serious.

"These have involved turkeys on roof tops or eating seeds at bird feeders," she said.

Approximately 70 birds are reported taken in Haliburton County annually during hunting season. The season for turkeys is in the spring from April 25 to the end of May. In some parts of the province where turkey numbers can support it, there is a fall hunt running from the day after Thanksgiving to the second Sunday following. In Haliburton County, there is only a spring season. A turkey season has been happening in the area since 2008.

Black said he continues to see a lot of birds on his property and along the roads.

"I think I'll be getting my turkey hunting license."

Local mother accepts adventure race challenge

By Erin Lynch

While pregnant, Joleen Thomas placed in a Nordic ski race. While nursing, she won the race. After six years of either being pregnant, recovering from childbirth or nursing one of her three children, the local athlete is training for her first adventure race with the desire to once again physically challenge herself.

Residents in the local athletic community are familiar with Thomas. An avid Nordic skier, runner, paddler and swimmer the 36-year-old Carnarvon resident exemplifies physical fitness. This July, she will participate in *Rockstar*, an eight-hour unique points-based adventure race that will take place at Bark Lake Leadership Centre in Irondale.

In adventure racing, a team participates in a combination of two or more endurance disciplines including orienteering, navigation, cross-country running, mountain biking, paddling and climbing. Adventure races can take place over a number of hours or span more than 10 days. There is typically no suspension of the clock during races. Competitors must choose if or when to rest. In multi-day events, it is not uncommon for a tired teammate to tie onto a stronger teammate with surgical tubing as they run or cycle. Although moving, they are able to go into a rest state that allows them to complete the race. Thomas's team for the race consists of two women she attended the University of Guelph with. Currently there is only one other



Photo by Erin Lynch

all-female team registered for the race. The *Rockstar* course will consist of a mountain bike course, a rogaine trekking and paddling course, featuring multiple checkpoint options where strategy and decision-making will be weighed equally with speed and endurance.

"I am currently reading up on navigation with a map and compass," Thomas said. "I am a bit rusty. Each of us is bringing something strong to the team. For me it will be paddling."

Fitting a training schedule around three children and a partner who is an OPP officer is a challenge. But like everything the energetic woman approaches, she does so with determination. Thomas includes her children when she can. Her two oldest girls ride their bikes while she runs, pushing her two-year-old son in a stroller. She paddles with young passengers or sometimes rides a bike with a trailer. Being a mother of young children has forced her to be creative with her physical training.

"I realize I can't have it all but I'd like to see exactly what I can," she said. "My family is important to me and I include them whenever I can."

Thomas said sleeping and eating well is a big part of her preparation. Although she is competitive and obsessed with personal success, she said that her team's goal is to finish happy and successful.

"Placing isn't a priority, but it would be nice."

GIVE DAD A NEW CAR FOR FATHER'S DAY!





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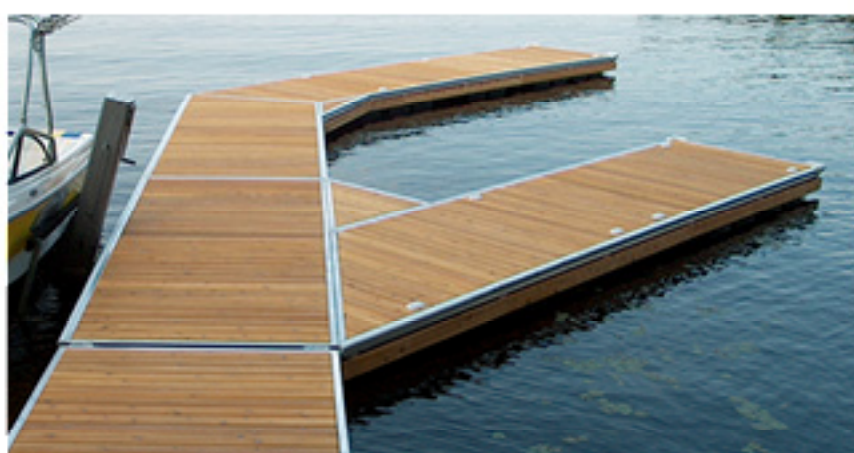


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